



RAYMOND-KNOWLES UNIONSCHOOL DISTRICT

November 2019 Breakfast and Lunch Menus



Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Breakfast: WG Muffin / Scrambled Egg / Fruit / Juice / Milk <i>Lunch: WG Cheese Pizza, Romaine Lettuce Salad, Green Beans, Fruit, Milk</i>
4	5	6	7	8
Breakfast: WG Breakfast Pizza / Fruit / Juice / Milk <i>Lunch: Pasta & Meat Sauce, WGR Roll, Baby Carrots, Fruit, Milk</i>	Breakfast: WG Breakfast Bar / Fruit / Juice / Milk <i>Lunch: Hamburger with WGR Bun, Baked Beans, Fruit, Milk</i>	Breakfast: WG Cereal & Yogurt / Fruit / Juice / Milk <i>Lunch: Beef & Cheese Tostada, Refried Beans, Lettuce & Salsa, Fruit, Milk</i>	Breakfast: WG Pancakes & Syrup / Fruit / Juice / Milk <i>Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk</i>	Breakfast: WG Mini Cinnis / Scrambled Egg / Fruit / Juice / Milk <i>Lunch: Cheese-Stuffed WG Breadsticks w/ Marinara, Romaine Lettuce Salad, Green Beans, Fruit, Milk</i>
11	12	13	14	15
<i>Veteran's Day</i>	Breakfast: Tornado / Fruit / Juice / Milk <i>Lunch: Mini Corn Dogs, Baked Beans, Baby Carrots, Crackers, Fruit, Milk</i>	Breakfast: WG Cereal & Yogurt / Fruit / Juice / Milk <i>Lunch: Beef & Cheese Taco, Refried Beans, Lettuce & Salsa, Fruit, Milk</i>	Breakfast: WG Pancakes & Syrup / Fruit / Juice / Milk <i>Lunch: Roast Turkey, Mashed Potatoes, Green Beans, WGR Roll, WRG Cookie, Fruit, Milk</i>	No School / Teacher Day
18	19	20	21	22
Breakfast: WG Breakfast Pizza / Fruit / Juice / Milk <i>Lunch: Orange Chicken, White Rice, Broccoli, Baby Carrots, Crackers, Fruit, Milk</i>	Breakfast: WG Breakfast Bar / Fruit / Juice / Milk <i>Lunch: Chili Con Carne, Baked Potato Fries, Baby Carrots, Crackers, Fruit, Milk</i>	Breakfast: WG Cereal & Yogurt / Fruit / Juice / Milk <i>Lunch: Beef & Cheese Taco, Refried Beans, Lettuce & Salsa, Fruit, Milk</i>	Breakfast: WG Pancakes & Syrup / Fruit / Juice / Milk <i>Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk</i>	Breakfast: WG Breakfast Bar / Scrambled Egg / Fruit / Juice / Milk <i>Lunch: WG Pepperoni Pizza, Romaine Lettuce Salad, Green Beans, Fruit, Milk</i>
25	26	27	28	29
<i>Thanksgiving Break</i>	<i>Thanksgiving Break</i>	<i>Thanksgiving Break</i>	<i>Thanksgiving Day</i>	<i>Thanksgiving Break</i>